

# I-KICK ONLINE ACADEMY

## Terms & Conditions / Waiver

I-Kick Online Academy (hereafter IKOA) has developed an online membership scheme along with Policies and Procedures to protect its reputation and the interests of its members, coaches & staff.

All students/members and/or the parents/guardians of students/members must read and agree to IKOA's terms and conditions before activating a membership with us.

### Online Members are entitled to the following...

- Stream and view online video classes
- Stream and view online video tutorials
- Download our Downloadable Online Content

### Online Members should...

- Ensure they have enough space before participating in any form of physical activity such as Martial Arts training or Fitness.
- Ensure that they never try any technique, action or exercise that is out with their level of capability.
- Ensure that they do not attempt to try any techniques or exercises that they learn or see on somebody else.
- Ensure that they are fit and healthy before participating in any form of physical activity. If you're not sure, we recommend that you check with a medical professional or your doctor before undergoing a physical training regime such as Martial Arts.
- Truthfully complete the online membership form required to gain membership access (if under 18, a Parent/Guardian should do this on your behalf).
- Ensure they have adequate clothing and training equipment that is required for the specific classes, events and competitions. For example; training uniforms, fitness equipment etc.
- Ensure your hydration, nutrition and hygiene needs are met and never train if you are unwell or injured.

## Membership Terms:

IKOA provides a very competitive membership plan that has been developed to meet the needs of all of its members, in terms of online content access and payment options.

### Membership Options:

**Active I-Kick Martial Arts Members** = £0 per month for unlimited Online Access for 3 months.

**Memberships will be automatically be cancelled once the free 3-month period has completed.**

If following cancellation, you wish to reinstate your membership, you will be required to sign-up to one of our Online Membership Packages. Any missed payments may result in additional charges from the Direct Debit company/your bank and refused access to the Member's Area of [www.i-kickonlineacademy.com](http://www.i-kickonlineacademy.com).

### All IKOA members will benefit from:

- Stream and view online video classes
- Stream and view online video tutorials
- Download our Downloadable Online Content

### Queries and Complaints Procedure:

IKOA operates a strict query and complaints procedure to ensure that these are dealt with professionally and in a timely manner. Should members have any queries or official complaints, please email [info@i-kickonlineacademy.com](mailto:info@i-kickonlineacademy.com) and this will be dealt with within 7 working days.

By completing our online registration process, you are confirming that you have read and agree to IKOA Terms & Conditions stated in this document and that you understand the penalties and consequences should procedures or terms and conditions be broken or un-adhered to.

## **Waiver:**

I, the member, fully understand and agree to the IKOA Terms and Conditions stated in this document. I'm aware that any advice or teachings are that I view or receive is followed with the member's and/or the member's parent's/guardians full consent and understand that there is an element of risk of injury involved in participating in physical activity, such as Martial Arts training and fitness, and that the member/individual following/viewing the online training programme, tutorials and advice will not hold I-Kick Martial Arts Ltd or the I-Kick Online Academy and any of its online coaches or employees accountable or responsible if any injuries or illnesses were to occur from following the plans and advice included in the membership access area.

IKOA always recommend that participants should check with a medical professional or their Doctor before undergoing any form of physical activity regime and that you should never try anything out with the range of your level of ability.

Thank you!

**I-Kick Online Academy Team**